



# ANNUAL REPORT



21  
22

# Letter from the Chair

Dear Friends of Colorado Home Visiting

As we reflect upon the past year, there is a clear sense of forward progress and momentum across the state regarding home visiting in Colorado. This progress is the result of many key players - like the Home Visiting Investment Task Force, our expansive continuum of evidence-based home visiting models, and Colorado Home Visiting Coalition - working collaboratively to elevate our shared goals. It is through collaboration that we can achieve our goals of building a home visiting system across the state that reaches families during the essential early years and allows all families to thrive.

This year's successes come from years of collaboration focused on a shared goal of increasing access and availability of home visiting for Colorado families regardless of zip code, language spoken in the home, or the age of their child. Because of this strong foundation, home visiting was successful in securing a definition of home visiting in Colorado statute and more importantly providing for a placeholder for future home visiting investment within the new Department of Early Childhood. Additionally, home visiting advocates secured an additional \$3,000,000 in American Rescue Plan Act funds from the federal government to strengthen and expand home visiting programs as we move through the COVID-19 pandemic. These dollars will support programs emerging from the pandemic and help establish the infrastructure needed to continue expansion and growth of future home visiting sites.

Approximately every five years, the Maternal Infant and Early Childhood Home Visiting (MIECHV) program needs to be reauthorized by Congress. MIECHV is the largest federal source for home visiting funding in the state and therefore is a critical component of how Colorado is able to invest in a wide continuum of home visiting programs. Therefore we devoted much of our energy to advocating for MIECHV reauthorization and expansion in 2022. In Colorado, children living in MIECHV counties (eligible prior to 2020) are 2 times as likely to receive home visits (4.4% vs 2.1%) compared to their peers in counties without MIECHV funding. Although we are yet to reach the finish line on this important legislation, we know the incredible advocacy around MIECHV coming from all parts of Colorado is vital to its passage. The latest draft would see a potential to double MIECHV funding over 5 years - a huge boost to our goals of supporting Colorado's home visiting workforce and increasing the number of families with access to home visiting programs.

As we look to the future, we plan to look to further building a broad coalition of support for home visiting including working to more authentically add family voice to our work and further educate our communities with messages around the great work of home visiting.

Laura Knudtson, Ph.D.  
Director and Chair of the Colorado Home Visiting Coalition

# What is home visiting?

Home visiting is a voluntary service-delivery model that meets families where they are. These programs focus on the whole family's health, and future. Home visiting supports parents as they manage the challenges of raising babies and young children. Home visiting connects families with the resources necessary to be successful in life. Early childhood home visiting services improve prenatal, maternal, and infant health outcomes, promote positive parenting practices, prevent child abuse and neglect, and increase child and family school readiness.

## Home visiting models support parents and children in different ways, but all Colorado models share the following traits



### Meeting families “where they are”

Home visiting programs meet families “where they are,” providing services in a location they choose; removing barriers to participation and building trust. Despite the name, “home visits” happen anywhere comfortable for the family: houses, apartments, libraries, doctors’ offices or motels.



### Building knowledge and capacity

Home visiting builds families’ knowledge and capacity to support their children’s development and learning. All parents have the potential to become their child’s first and best teacher. Home visiting helps unlock that potential.



### Two generation approach

Through a two-generation approach, home visiting programs lead to better economic outcomes for parents and children, helping to break the cycle of poverty. Home visiting simultaneously invests in the caregiver and child.

## An investment that pays

Numerous studies have found that the benefits to families, children and the wider community from investment in home visiting considerably outweigh the cost. And while no one model achieves all outcomes, together the continuum of Colorado’s home visiting models do remarkable things. Collectively Colorado’s home visiting models have been shown to make significant impacts in areas ranging from reduced child welfare involvement and improved school readiness to better health outcomes and improved economic self-sufficiency.

**Colorado’s home visiting models return \$1.50 to \$6 in benefits for each dollar spent<sup>1</sup>**

1. Colorado Results First [https://drive.google.com/file/d/0B5\\_3yhvPtgh-YnI2X3Brc0pMcWs/view](https://drive.google.com/file/d/0B5_3yhvPtgh-YnI2X3Brc0pMcWs/view)

# A complementary continuum

Colorado’s home visiting models provide a continuum of complementary programs supporting families during and after pregnancy and up through kindergarten. Having multiple models available provides families with a choice about the type of program that best fits their needs. Family choice and local decision making are critical to the success of our programs.

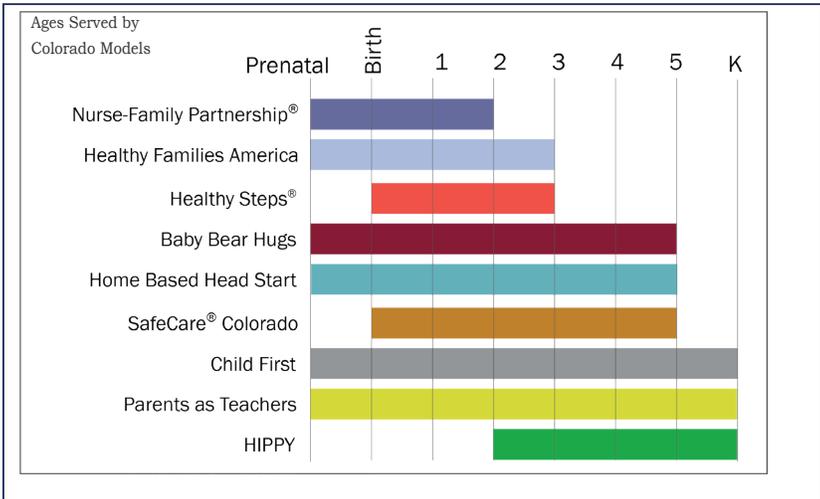
**Home visitors can be:**

- trained nurses
- social workers
- trained peers
- child development specialists

No one model achieves all outcomes, together the continuum of Colorado’s home visiting models do remarkable things. Collectively Colorado’s home visiting models have been shown to make significant impacts in the following areas:

- Better pregnancy outcomes
- Improved school readiness
- Reduced child welfare involvement
- Economic self-sufficiency
- Better health outcomes
- Stronger parent-child bonding
- Connection to resources
- Reduced parental isolation
- Increase in positive parenting practices
- Healthier child development
- Reduced child maltreatment
- Reduced foster care placement

## Home visiting serves a range of ages



# Data and demographics (2021-22)

**10,565** children  
Data for 2021-2022 (includes NFP and Child First) \*

**105,053** visits

**94%** live in poverty  
families with income below 200% of federal poverty line (among models providing data: BBH, Head Start, HFA, HIPPY, NFP, and PAT)

**40%** non-English speakers  
60% of parents speak English, 35% Spanish, 5% speak other languages (among models providing data: BBH, Head Start, HFA, HealthySteps, HIPPY, and PAT)

## Race and Ethnicity of Parents Served\*\*

<b>Hispanic/ Latino</b>	<b>63.4%</b>
<b>White</b>	<b>21.6%</b>
<b>African American</b>	<b>8.1%</b>
<b>Asian American</b>	<b>3.8%</b>
<b>Multi-racial</b>	<b>2.8%</b>
<b>American Indian Alaska Native</b>	<b>.4%</b>



\* Note: Neither Nurse-Family Partnership nor Child First are members of CHVC. But they have graciously shared data with us to better reflect the totality of home visiting in the state.

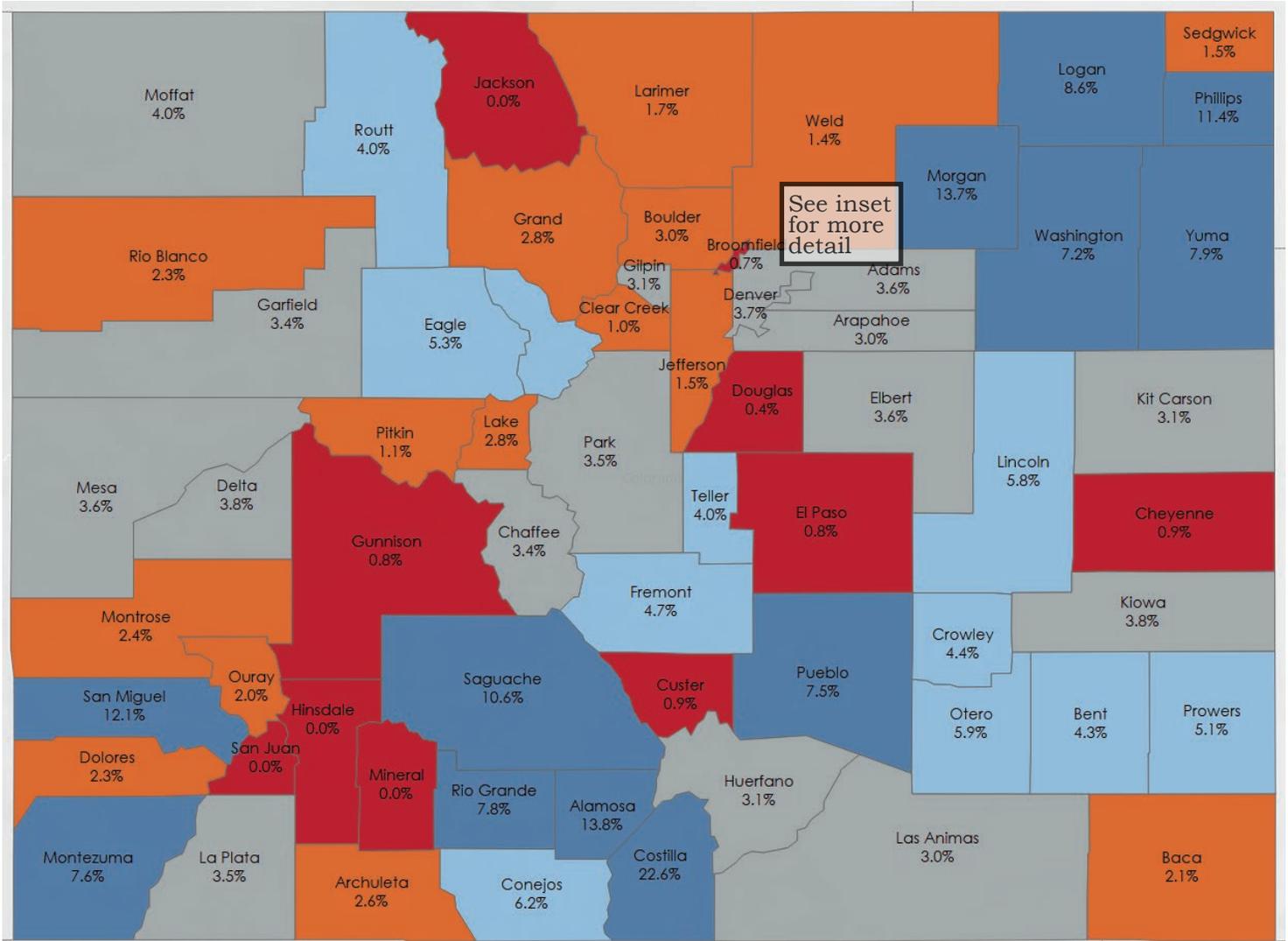
\*\* Hispanic includes Hispanic/Latino of any race, all others are non-Hispanic. Data come from PAT, HFA, HIPPY, Healthy Steps. Other models do not track or release this data. Percentages are out of those who identify a race and exclude those who do not choose to answer.



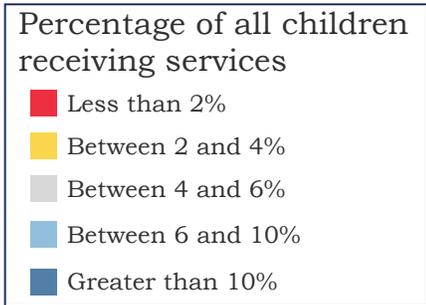
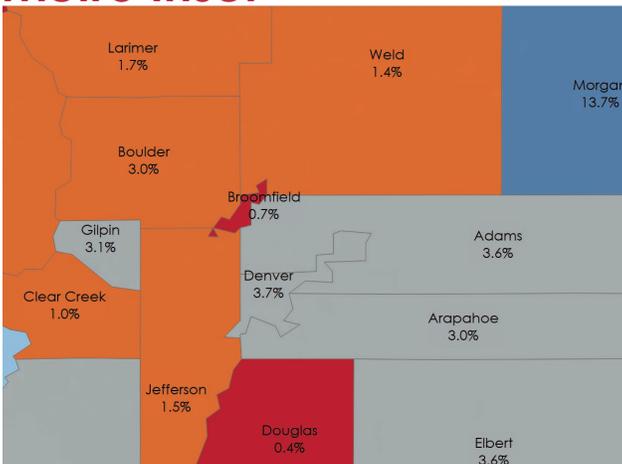
# Children Served

## Percentage of all kids receiving services (2021-2022)

(all kids under 6 in 2021 according to Colorado Dept. of Local Affairs forecast)



## Metro Inset

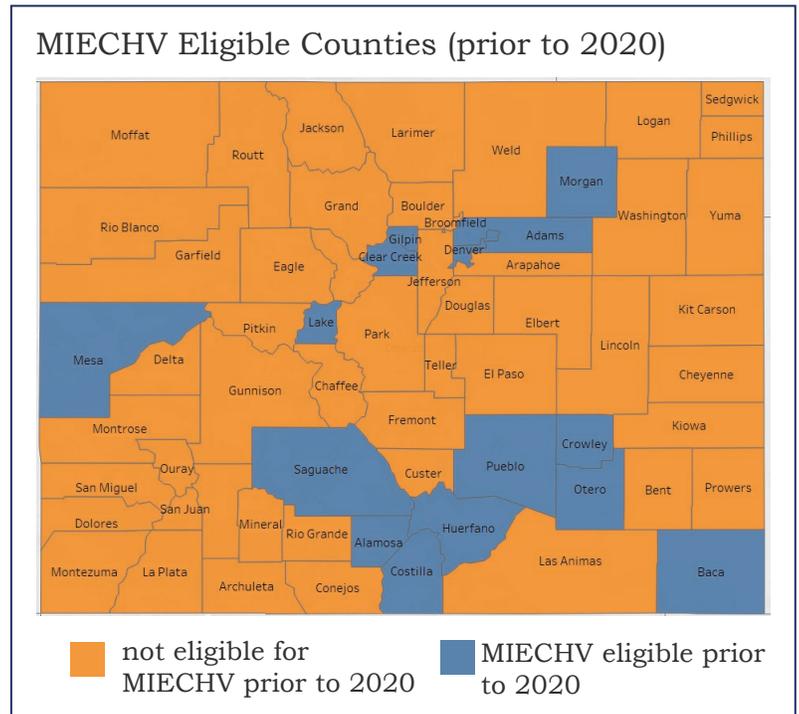


# MIECHV's Major Impact

## Twice as Many Children Get Home Visits in MIECHV Counties

The Maternal, Infant, Early Childhood Home Visiting Program (MIECHV) is the largest source of federal funding for home visiting in Colorado. The program has operated in the state since 2011.

This year as the program comes up for reauthorization we look at the differences in percentage of children accessing home visiting between those living in counties with MIECHV funding and those without. Due to limited funding, county eligibility is determined through a needs assessment conducted by each state. In Colorado the assessment is done by Colorado Department of Public Health and Environment



In this analysis we look at those counties that were eligible for MIECHV funding between 2011 and 2020. In 2020, a new needs assessment expanded dramatically the number of counties eligible for MIECHV. Given that our program year includes 2021 we believe it is too early to expect to see impact from those new counties having access to MIECHV funding.

Across all Colorado counties, 2.7% of all children under 6 received home visiting services. When we break that down further we see that children living in MIECHV eligible counties are considerably more likely to receive home visiting than their peers. In the 15 counties eligible for MIECHV prior to the 2020 needs assessment, 4.4% of children received home visiting. In the 49 counties that were not eligible for MIECHV only 2.1% of children were enrolled.

**Children in MIECHV counties are 2x more likely to receive home visits than those in other counties**

## Percentage of children receiving home visiting services

**Statewide**  
**2.7%**

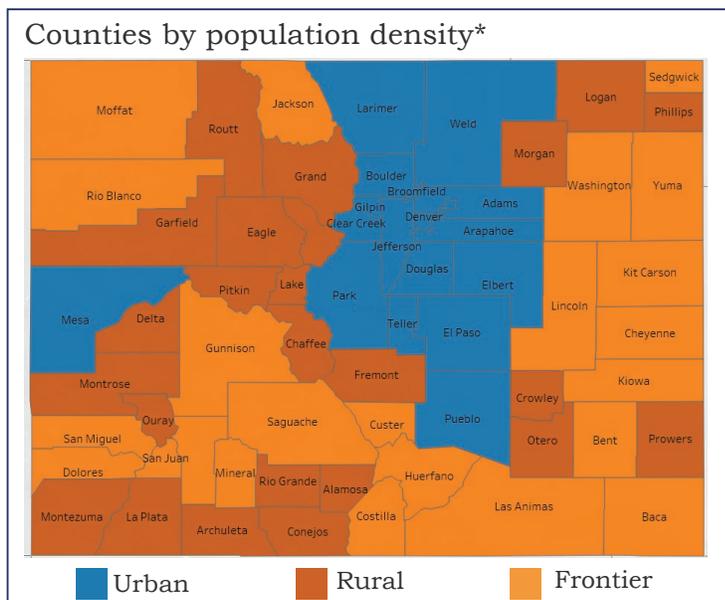
**MIECHV counties**  
**4.4%**

**Non-MIECHV**  
**2.1%**

# Urban, Rural, Frontier Impact

Looking at counties by population density we see the same large gap between counties eligible for MIECHV and others. Children living in urban, rural and frontier counties are more than twice as likely to receiving home visiting services if their county receives MIECHV funding than if it does not. In rural MIECHV counties, more than 10% (10.7%) of children receive home visiting services. Children living in rural counties eligible for MIECHV (10.7%) are 2.4 times as likely to receive home visits than children in rural counties without MIECHV funding (4.5%).

Federal investment is key for Colorado's ability to serve children across the state.

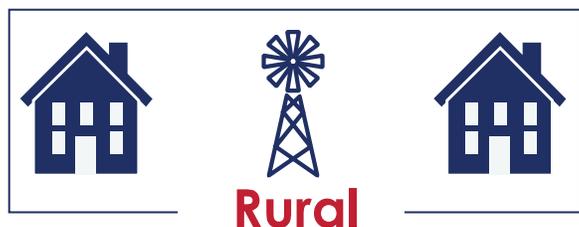


## Home visiting by type of county and MIECHV status



% of children receiving home visiting services

All urban counties	MIECHV Counties	Non- MIECHV counties
<b>2.4%</b>	<b>4.0%</b>	<b>1.7%</b>



% of children receiving home visiting services

All rural counties	MIECHV Counties	Non- MIECHV counties
<b>5.5%</b>	<b>10.7%</b>	<b>4.5%</b>



% of children receiving home visiting services

All frontier counties	MIECHV Counties	Non- MIECHV counties
<b>4.9%</b>	<b>9.1%</b>	<b>4.2%</b>

\*Colorado Rural Health Center, State Office of Rural Health. 2018. Colorado: County designations, 2018. Retrieved at: <http://coruralhealth.wpengine.netdna-cdn.com/wp-content/uploads/2013/10/2018-map.pdf>.

# Colorado Home Visiting Coalition 2021-22 Year in Review



## POWERFUL VOICE FOR INTEGRATING HOME VISITING INTO NEW COLORADO DEPARTMENT OF EARLY CHILDHOOD

CHVC helped ensure the new Colorado Department of Early Childhood included home visiting to advance a vision of whole child and whole family support.



Authored letter and submitted testimony advocating for home visiting's inclusion in the new department



Helped draft legislative language defining home visiting; creating the potential for future investment

## HELPED SECURE STIMULUS FUNDING FOR HOME VISITING

Instrumental in helping shape SB213 which secured **\$5 million in loan forgiveness/ professional development** for home visitors and other early childhood professionals

Advocated for SB213 to include **\$1 million for the home visiting grant program**

Supported passage of SB1329 and **\$2 million for home visiting children's mental health programs**



SB213 Advocates: Laura Khudtson, Christina Walker, Nicole Riehl, Senator Rhonda Fields, Vanecia Kerr, Lorena Garcia, Molly Yost

# Colorado Home Visiting Coalition 2021-22 Year in Review

# \$3,000,000

ADVOCATED FOR \$3 MILLION IN  
NEW FUNDING FOR HOME VISITING PROGRAMS



## LED COLORADO'S ADVOCACY EFFORTS FOR MIECHV REAUTHORIZATION

Met with staff from all 9 Congressional offices

Partnered with **Save the Children Action Network**  
to deliver advocacy trainings

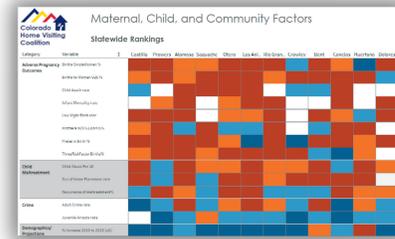
Presented to **National Home Visiting Coalition** on  
CHVC's strategy for education and advocacy

## CAREER PATHWAYS SITE



Partnered with **Early Childhood Council Leadership Alliance** to  
develop Early Childhood Career  
Pathways site

## COMMUNITY FACTORS DATABASE



Presented Maternal, Child,  
Community Factors Data at the  
**Rocky Mountain Early Childhood  
Conference**



[www.cohomevisiting.org](http://www.cohomevisiting.org)

# Testimonials



## HealthySteps

"I love seeing the babies and families grow together every time they come in. Being a teammate for families early on destigmatizes mental health early on before concerns become issues. - HealthySteps Specialist

"The support I provide is preventative. The best part of being a HealthySteps Specialist is being the person I needed when I became a new mother. [It's] individualized care for the new mother who comes in." - Infant Family Specialist

## Healthy Families America

"[This program] has truly been life changing and quite possibly the best thing that I stumbled across being a teen mom." - Healthy Families America mother

"It's been very helpful and resourceful and has definitely helped me overcome some of the obstacles I face." - Healthy Families America mother

## SafeCare Colorado

"SafeCare Colorado changed my life in such a huge way. I am not yelling or getting frustrated anymore and I am happy spending time with my daughter and interacting with her." - SafeCare Colorado parent

"SafeCare Colorado helped me make activities more fun for me and my son. He smiles more." - SafeCare Colorado parent

## Home Based Head Start

"Early Head Start taught me that my voice matters, I can say what I/my family needs and EHS listens to me"- Home based Head Start parent

The program is really helpful for a lot of different families in this community. It allows both parents to be able to continue working without one parent having to stay home. I'm very grateful that Carter was able to attend this program, it helps my family a lot" - Home based Head Start father

# Testimonials



## Baby Bear Hugs

"As a first time Mom with an autistic child who had special medical needs as an infant, I was able to ensure I did what was most beneficial for my son because of the resources I was able to get access to through Baby Bear Hugs." - Baby Bear Hugs mother

"I was looking for a great source of information and comfort. I learned how to respond to my child during a temper tantrum, and learned about social development of my child." - Baby Bear Hugs mother

## HIPPY

"I like that it is based on school readiness and helps prepare them for school."- HIPPY Parent

"I am less stressed and more confident in my teaching ability. When I see my child already has learned something and we are re-enforcing it, I feel that she is headed in the right direction." - HIPPY parent

## Parents as Teachers

"I love this program, before I found it, it felt like I was drowning. My parent educator helped me realize that I have all the tools already." - PAT parent

"Without this program, we would not have access to critical family support that we need to live as a more stable, healthy, educational and caring family." - PAT parent



# CHVC Member models

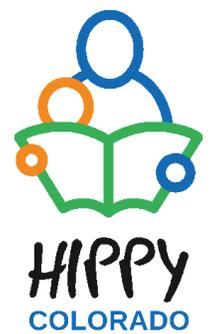
## Healthy Families America

For nearly 30 years, Healthy Families America (HFA) ) an evidence-based parent support and education program has worked toward a singular vision: all children receive nurturing care from their family that leads to a healthy, long, and successful life. HFA promotes child well-being and prevents the abuse and neglect of children in communities around the world through family-focused and empathic support provided in the home.



## Home Instruction for Parents of Preschool Youngsters (HIPPY)

Home Instruction for Parents of Preschool Youngsters (HIPPY) is an evidence-based home visiting program that helps parents prepare their 2, 3, 4 and 5-year old children for success in school and throughout life. HIPPY strengthens communities and families by empowering parents to play an active role in preparing their children for school. HIPPY uses a peer-delivered, home visitation model, with trained home visitors providing weekly visits to work one-on-one with parents of preschool aged children.



## Parents as Teachers (PAT)

Parents as Teachers (PAT) is an evidence-based parent education and support program designed to empower parents as their child's first teacher. PAT utilizes a home visitation model, working with families from pregnancy until their child completes kindergarten. PAT aims to improve parenting practices by increasing a parent's knowledge of early childhood development. Through home visits and ongoing assessment, parent educators are able to provide early detection of developmental delays and health issues, help in the prevention of child abuse and neglect, and increase children's school readiness and success



## SafeCare® Colorado

SafeCare® Colorado is a free, voluntary parent support program for parents and caregivers with children ages five and under who need extra support to keep their families safe and healthy. Parent support providers help parents build on their existing skills in the areas of parent-child interactions, home safety and child health. SafeCare® typically takes 18-20 weekly sessions to complete (about 4-6 months) and each session lasts 1 to 1.5 hours. SafeCare® Colorado is delivered in the home or another convenient location by trained parent support providers.



# CHVC Member models

## Baby Bear Hugs (BBH)

Baby Bear Hugs' programs benefit families by increasing school readiness, increasing health and well-being of families, and enabling children to grow up healthy, happy, ready to learn and able to reach their potential. BBH provides parenting education, support, and connection to community resources for families from pregnancy through 5 years old in 8 Northeastern Colorado counties. Services are delivered by Certified Parenting Educators using evidence-based curriculum including Partners for a Healthy Baby and Nurturing Parenting, supplemented by a continuum of services based on individual family needs.



## HealthySteps®

HealthySteps®, a program of ZERO TO THREE® is an evidence-based, interdisciplinary pediatric primary care program that promotes the health, well-being and school readiness of babies and toddlers, with an emphasis on families living in low-income communities



## Home-Based Head Start

Home-Based Head Start promotes the school readiness of low-income children by enhancing their cognitive, social, and emotional development. This takes place in a learning environment that supports children's growth in language, literacy, mathematics, science, social and emotional functioning, creative arts, physical skills, and approaches to learning. Home-Based Head Start is delivered in the home by a trained home visitor, family advocate, or an infant/toddler educator.



# The Colorado Home Visiting Coalition



*The Colorado Home Visiting Coalition (CHVC) collaborates to strengthen and advance effective home visiting services across Colorado.*

Working to ensure that all families in Colorado are supported to thrive, the CHVC is a coalition of leadership organizations representing the statewide and local level needs of early childhood home visiting programs. Its membership is comprised of organizations that represent complementary, evidence-based home visitation services for pregnant families and families with young children through kindergarten. Member organizations incorporate a preventative, holistic, two-generation approach intended to break the cycle of poverty by providing health and education supports. CHVC works to advocate in general for home visiting and the home visiting system in Colorado, though not all home visiting programs are members of the CHVC. Learn more at: [www.cohomevisiting.org](http://www.cohomevisiting.org)

## Colorado Home Visiting Coalition Voting Members



## Intermediary Organizations

Unlike many other states, Colorado has several intermediary organizations designated by the model developer to provide local support, coordination, evaluation, and training resources to the local sites implementing that model. These organizations are critical to building the capacity of sites to faithfully and fully implement the evidence-based models with fidelity and ensure that Colorado's children and families are receiving the full benefits available from their home visiting program.

Colorado's intermediary organizations

- Assuring Better Child Health and Development – HealthySteps®
- Illuminate Colorado – Healthy Families America®
- Invest in Kids – Nurse-Family Partnership®
- The Kempe Center – SafeCare® Colorado
- Parent Possible – HIPPY and Parents as Teachers



## CHVC appreciates the support of:

- Assuring Better Child Health & Development
- Baby Bear Hugs
- Clayton Early Learning
- Colorado Children's Campaign
- Council for a Strong America
- Early Milestones
- Illuminate Colorado
- Invest in Kids
- Kempe Center
- Mile High United Way
- Colorado Department of Early Childhood
- Parent Possible
- Raise Colorado
- Save the Children Action Network
- Spring Institute for Intercultural Learning

## Funding for CHVC comes from:



Caring for Colorado  
FOUNDATION



The Colorado  
Health Foundation™

**GARY**  
COMMUNITY VENTURES

# Appendix: Models in Each County (as of 10/22)

	Nurse-Family Partnership®	SafeCare®	Parents as Teachers	HIPPY	Child 1st	Home-Based Head Start	Baby Bear Hugs	Healthy Steps®	Healthy Families America	Models Available
Adams	●	●	●	●	●			●		6
Alamosa	●	●	●	●	●			●		6
Arapahoe	●	●	●	●	●			●		6
Archuleta	●	●								2
Baca	●	●								2
Bent	●	●	●	●						4
Boulder	●		●		●	●			●	5
Broomfield	●				●					2
Chaffee	●	●				●				3
Cheyenne	●	●								2
Clear Creek	●									1
Conejos	●	●	●	●	●					5
Costilla	●	●	●	●	●					5
Crowley	●	●	●	●						4
Custer	●	●								2
Delta	●		●							2
Denver	●	●	●	●		●		●		6
Dolores	●	●	●							3
Douglas	●		●		●					3
Eagle	●					●				2
El Paso	●	●	●		●					4
Elbert	●						●			2
Fremont	●		●			●		●		4
Garfield	●								●	2
Gilpin	●									1
Grand	●									1
Gunnison	●		●							2
Hinsdale	●		●							2
Huerfano	●	●	●	●						4
Jackson	●									1
Jefferson	●	●	●	●	●	●		●		7
Kiowa	●	●								2
Kit Carson	●						●			2

# Appendix: Models in Each County (as of 10/22)

	Nurse-Family Partnership®	SafeCare®	Parents as Teachers	HIPPY	Child 1st	Home-Based Head Start	Baby Bear Hugs	Healthy Steps®	Healthy Families America	Models Available
La Plata	●	●	●							3
Lake	●									1
Larimer	●	●	●			●				4
Las Animas	●	●	●	●						4
Lincoln	●						●			2
Logan	●	●					●			3
Mesa	●	●	●					●		4
Mineral	●	●	●	●	●					5
Moffat	●	●		●						2
Montezuma	●	●	●							3
Montrose	●		●							2
Morgan	●	●	●				●	●		4
Otero	●	●	●	●		●				5
Ouray	●		●							2
Park	●		●							2
Phillips	●	●					●			3
Pitkin	●								●	2
Prowers	●	●								2
Pueblo	●	●	●	●				●		4
Rio Blanco	●	●								2
Rio Grande	●	●	●	●	●					4
Routt	●	●	●							3
Saguache	●	●	●	●	●					5
San Juan	●	●								2
San Miguel	●		●							2
Sedgwick	●	●					●			3
Summit	●					●				2
Teller	●		●			●				3
Washington	●	●					●			3
Weld	●	●		●						4
Yuma	●	●					●			3
Counties Served	64	40	35	19	13	10	9	9	3	

# Appendix: Home Visits by County

4th quartile
  3rd quartile
  2nd quartile
  1st quartile

County	Children Served 2021-2022	Children under 6 2021	Penetration	County	Children Served 2021-2022	Children under 6 2021	Penetration
Costilla*	48	212	22.6%	Chaffee	32	931	3.4%
Alamosa*	165	1,197	13.8%	Garfield	159	4,650	3.4%
Morgan*	342	2,500	13.7%	Kit Carson	16	516	3.1%
San Miguel	48	396	12.1%	Huerfano*	9	293	3.1%
Phillips	38	334	11.4%	Gilpin*	7	229	3.1%
Saguache*	41	387	10.6%	Arapahoe	1,407	46,814	3.0%
Logan	108	1,256	8.6%	Las Animas	23	766	3.0%
Yuma	66	836	7.9%	Boulder	472	15,861	3.0%
Rio Grande	59	756	7.8%	Grand	23	808	2.8%
Montezuma	123	1,621	7.6%	Lake*	14	494	2.8%
Pueblo*	810	10,812	7.5%	Archuleta	19	719	2.6%
Washington	23	320	7.2%	Montrose	60	2,464	2.4%
Conejos	34	546	6.2%	Dolores	2	86	2.3%
Summit	91	1,463	6.2%	Rio Blanco	9	394	2.3%
Otero*	80	1,346	5.9%	Baca*	5	241	2.1%
Lincoln	20	343	5.8%	Ouray	4	196	2.0%
Eagle	175	3,328	5.3%	Larimer	351	20,919	1.7%
Prowers	51	996	5.1%	Sedgwick	2	133	1.5%
Fremont	114	2,422	4.7%	Jefferson	513	34,957	1.5%
Crowley*	8	180	4.4%	Weld	392	27,960	1.4%
Bent	10	231	4.3%	Pitkin	9	784	1.1%
Routt	54	1,344	4.0%	Clear Creek*	5	486	1.0%
Teller	46	1,149	4.0%	Custer	2	214	0.9%
Moffat	39	975	4.0%	Cheyenne	1	111	0.9%
Delta	65	1,698	3.8%	El Paso	452	54,665	0.8%
Kiowa	4	105	3.8%	Gunnison	7	887	0.8%
Denver*	1,780	48,713	3.7%	Broomfield	29	4,367	0.7%
Elbert	56	1,558	3.6%	Douglas	98	22,269	0.4%
Adams*	1,469	41,181	3.6%	Hinsdale	0	24	0.0%
Mesa*	344	9,687	3.6%	Jackson	0	65	0.0%
La Plata	94	2,691	3.5%	Mineral	0	41	0.0%
Park	30	864	3.5%	San Juan	0	24	0.0%

\* MIECHV eligible prior to 2020



# Home visiting builds stronger families, communities and futures

Financial support for the Colorado Home Visiting Coalition comes from the following funders:



**Colorado Home Visiting Coalition**

800 Grant St. #200  
Denver, CO 80203  
[cohomevisiting.org](http://cohomevisiting.org)